



# UTAH 4-H

## SECTION 4 4-H LEADERSHIP

Date	Leadership Role	Responsibilities	Type	Level
August 2009	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
August 2010	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
August 2011	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
January 2012	Jr. Teen Council Vice President	Planned Jr. Teen Council activities. Taught leadership workshops. Planned service activities. Recruited new Jr. Teen Council members.	E	C
August 2012	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
2012	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 4-Hers in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.	V	C

January 2013	Jr. Teen Council President	20+ hours of leadership Planned Jr. Teen Council Activities. Conducted Teen Council Meetings. Assigned Teen Council members to teach. ..workshops and help with activities.	E	C
February 2013	Leadermete Teen Track	8 hours of leadership training Attended Leadermete and learned leadership skills to use in my county. The things I learned helped me improve our Jr. Teen Council and gave me ideas that were new and fun.	V	S
June 2013	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 4-Hers in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.		
August 2013	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
2014	Teen Council Vice President	20+ hours of leadership Taught leadership workshops. Conducted meetings when the president was gone. Recruited new Teen Council members. Helped plan service projects. Helped plan and organize achievement night.	E	C
June 2014	Cloverbud Camp Leader	8 hours of leadership Helped plan, organize, and carry out a Cloverbud camp for 40 young 4H youth in our county. Prepared activity stations for the kids to rotate through – that included hands on activities, physical activities, snacks, and learning.	V	C
June 2014	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 30 4-H youth in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.	V	C
July 2014	Farm-To-Fork Youth Camp Leader	8 hours of leadership Planned, organized, and taught a summer camp called “Farm to Fork” that taught participants about how their food travels from the farm to their plates. We also taught cooking and healthy living principles.	V	C

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2015	Northern Region Ambassador	50 hours of leadership Planned, organized and carried out the Northern Area Retreat in Provo, Utah. Worked in committees, at 6 separate meetings to plan activities and events. Prepared a workshop on Citizenship titled: "It's your world, if you don't like it, change it"	A	R
April through June 2015	Teens Reaching Youth Leader (TRY Team)	Attended training at Thanksgiving point and then carried out a 6-hour county camp called "Adventure is out There" This healthy living camp helped 16 kids learn how to stay active and enjoy the outdoors. We fished, canoed, cooked outdoors, and played teamwork games.	V	C
June 17, 2015	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 30 4-H youth in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.	V	C
August 2015	Jr Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
2016	Teen Council Member/ Teen Council Secretary	20+ hours of leadership Take roll and record council activities. Help plan service activities. Recruit Council Members. Help plan Teen Council events.	E	C
June 12 2016	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 30 4-H youth in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.	V	C

July 2016	American Youth Leadership Exchange	4 Week Leadership Experience Participated in a 4-H leadership exchange in the country of Ghana Africa. This involved several cultural exchange activities, teaching English in schools, helping African youth in their 4-H gardens, and living with an African family to experience their lifestyle and culture.	A	I
August 2016	Jr. Farmer Leader	16 hours of leadership Planned and organized a large educational booth, promoting 4-H and Agriculture for the Morgan County Fair. Prepared activities and events for the booth Manned the booth at the fair. Set-up and cleaned-up the petting zoo and activities.	V	C
August 12, 2016	Morgan Youth Leadership Summit	6 hours of leadership Worked with the 4-H Teen Council to plan and carry out a leadership training at a ropes course. We invited all teen leaders from my high school and participated in a series of trust exercises, problem solving activities, and team building games.	A	C
January & February 2017	4-H Afterschool Teen Leader	30 hours of leadership Advertised and recruited for the club. Researched and prepared information to teach the youth about cheese and cheese making. Gathered supplies and items needed for each workshop that I taught. Made posters, handouts, and worksheets to use during the workshops. Partnered with the Utah Dairy Council and Beehive Cheese to provide additional experiences and information for the youth. Carried out a total of 6 workshops. Taught a total of 37 youth. Recruited teen and adult leaders to help with my weekly activities. Prepared and administered a survey to track the impact and learning that took place during the afterschool series.	V	C
2017	Teen Council Member Morgan County	20+ hours of leadership I serve as a leader to the younger council members (26 total members), teach leadership workshops, help plan service projects, and help with county events.	E	C
May 2017	Ambassador Leadership Training	24 hours of leadership Spent three days being trained on how to be a leader and perfect some skills needed for planning events and being an ambassador. Began planning the i4H summer camp and making preparations for future meetings	A	S

June 19-21 2017	i4-H Youth Leader	40+ hours of leadership Collaborated with other teens and adults as we spent time planning retreats and meetings. Planned workshops and activities for youth ages 13-14. Attended the three-day camp and taught a workshop and also was in charge of several games and ceremonies.	A	S
July 26-28	4-H State Contests Youth Leader	20 hours of leadership Helped with the opening ceremonies, awards banquet, and activities during the span of the 3-day event. Spent time preparing and presenting projects and competing in contests	A	S
August 10, 2017	Morgan Youth Leadership Summit	6 hours of leadership Worked with the 4-H Teen Council to plan and carry out a leadership training at a ropes course. We invited all teen leaders from my high school and participated in a series of trust exercises, problem solving activities, and team building games.	A	C
October 19- 21 2017	4-H Teen Leadership Training Youth Leader	50+ hours of leadership Organized, planned, and carried out a training for youth ages 15-18 from across the state. Spent hours preparing a workshop and large events such as games, motivational speakers, and meals. Put together a service project at a local cemetery to rake and bag leaves for an hour.	A	S
2017/2018	State 4-H Ambassador	15 months (100's of hours) of leadership I am currently serving as a State 4-H Ambassador. A 4-H Ambassador is an official envoy, an authorized representative of our Utah 4-H program. A 4-H Ambassador is a self-motivated, enthusiastic leader who promotes 4-H using the skills, knowledge and leadership abilities acquired in 4-H with fellow members, area residents, community leaders, elected officials and non-4-H youth. A 4-H Ambassador serves to strengthen the 4-H program through public relations. Throughout the course of the year I have planned 6 major 4-H State Events and will attend many training and workshops that help me build upon my leadership skills.	A	S
June 15 2017	Farmer-For-A-Day Youth Camp Leader	9 hours of leadership Helped organize, plan, and carry out a camp for 4-Hers in our county to learn about being a farmer. This included milking cows, feeding calves, changing sprinklers, riding horses, and other farm activities.	V	C

January 26-27, 2018	4-H Winter Retreat Youth Leader	30+ hours of leadership Attended a planning retreat and participated in team building activities such as canyoneering and different games Continued to plan on meetings weekly with the other ambassadors Facilitated the event and taught a workshop on the love language of touch	A	S