



# ARE YOU READY?

## 4-H STATE CONTESTS | Packing List

### WHAT TO BRING

- Sleepwear
- Clothing
- Robe/cover up
- Toiletries
- Towels, shampoo, soap
- Sandals/flip-flops for shower
- Pillow, if staying on campus
- Refillable Water Bottle
- Portable Fans for dorm rooms
- Required prescriptions and/or over-the-counter medicine (chaperone must be aware of all medications)
- Semi-formal wear for Banquet
- Music, props, clothing or other equipment required for your contests

### WHAT TO LEAVE HOME

- Bed linens and blankets (provided in on-campus lodging)
- Valuable Items. We are not responsible for lost or stolen items

### FAVORITE FOOD CONTESTANTS!

Ovens, refrigerators and microwaves will be available for food prep. YOU MUST BRING ALL OTHER KITCHEN SUPPLIES NEEDED TO PREPARE YOUR MEAL.

### DRESS CODE:

All clothing must be 4-H appropriate. 4-H is a youth development organization, and therefore all clothing must be non-offensive. Offensive clothing is immodest, includes religious or political statements, or promotes sex, drugs, alcohol, tobacco, or swearing.

The use of cell phones will be allowed at State 4-H Events. We encourage youth to interact with Utah 4-H through social media. Please remember proper cell phone etiquette when interacting with other youth and leaders. The use of cell phones will not be allowed during workshops and instruction.