


 sewing: the thread of life

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Project Skill: Make a pair of slippers using knit and purl stitches

Life Skills: Practicing creativity

Level: 1A

## Double Yarn Knit Slippers

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This is a simple basic slipper for knitters just learning how to knit. Two strands of worsted weight yarn are used to make the slippers more durable (and warm).

### Supplies needed:

- 4 oz., 4-ply worsted weight yarn (two colors)
- Knitting needles size 8 or size needed for gauge
- Gauge: 8 sts=2"



### Instructions:

Sole and sides:

Cast on 29 sts with 2 strands of yarn. (Use double yarn throughout.)

Row 1: (wrong side) K9, P1, K9, P1, K9.

Row 2: K across row.

Repeat these two rows for 5" or 2 1/2" less than length of foot, ending on the wrong side.

Toe:

Row 1: (right side) P1, \*K1, P1. Repeat from \* to end of row.

Row 2: K1, P1 to end of row.

Repeat ribbing for 2 1/2 or 3". Break yarn leaving a 12" end. Thread yarn onto tapestry needle and slip stitches from knitting needle onto tapestry needle. Pull stitches up very tightly and fasten securely. Sew edges together for 3-5 inches from toe to instep. Fasten securely. Weave end of thread into slipper on wrong side. Sew up heel. Trim with pompom.

Adapted from *4-H Knitting I Pattern Ideas*. 1972. T.V. Slippers. Extension Service, Oregon State University, Corvallis.

### Variation:

**Felted slipper:** Knit slipper with two strands of worsted weight 100% wool yarn (do not use super washed wool yarn) using size 13 needles. Follow instructions making sole the length of foot and, ribbing (P1 K1) 4 inches

longer than foot. To felt: Place slippers in a lingerie bag. The bag protects the knitting and prevents too much wool fuzz from clogging your washing machine. You will need to check your felting during the process and a lingerie bag with a zipper will make this easier. Set the washing machine to the hottest water temperature and the lowest water level. Add 2 tablespoons of mild laundry soap. This will soften the fibers. The key to successful felting is agitation. Set the machine for heavy duty. You want a longer cycle so the slippers have time to felt before the spin and rinse cycles. Agitate for 10 minutes. **Do not spin.** Remove slippers and check for size. If more felting is required, return to washing machine and agitate for additional 2-3 minutes. Check for size again. Continue the process until the desired size is reached. Rinse the felted slippers in cool to warm water. Squeeze out excess water with a towel. Fill slippers with clean dry paper towels and hand mold to the desired shape. Let air dry.

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