

Utah State University COOPERATIVE EXTENSION



Utah State 4-H Office
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4-H Is...

- Learning by doing, and is available to all boys and girls between the grades of 3rd through 12th, in urban, suburban and rural areas. 4-H uses projects to teach youth important life skills.
- A fun-filled, action-oriented educational program for youth and volunteer leaders sponsored by our Land Grant University, Utah State University Cooperative Extension Service.

Utah had 91,564 youth participate in 4-H in 2010. We had more than 10,457 4-H volunteer leaders last year in Utah. Nationally, we have over 6.5 million 4-H members.



Participation in 4-H projects in Utah was:	
Science, Engineering & Technology	69,719
Healthy Lifestyle	32,201
Citizenship	19,122
Total Project Activity – 121,042	

Some of the new areas that Utah 4-H is leading the nation in include:

Military 4-H - The National Guard, Army, Air Force and 4-H partner to provide support, recreational, social and educational programs to youth whose parent(s) are deployed. Utah has strong programs at Hill Air Force Base and Dugway Proving Grounds, along with clubs for military kids across the state.

Afterschool Programs – Every county has an afterschool program that reaches many of the at-risk youth. This provides them a safe place with caring adults where they can learn essential life skills that will help them become better, productive citizens.

Robotics - Using Lego Mindstorm Robotics kits youth are able to design, build and program robots to complete tasks. Youth are able to get involved with robotics through camps, contests and clubs.

HAM Radio – With the focus so much on Homeland Security, Utah has discovered the benefit of helping youth and adults become certified in using HAM Radio Technology. This provides a method for communication to continue and rescue efforts to be strengthened and improved.

Healthy Living - The 4-H Healthy Living mission engages youth and families through access and opportunities to achieve optimal physical, social and emotional health.

TRY Team Program – TRY stands for Teens Reaching Youth! Youth (grades 8-12) form into 2-4 member teams and one adult coach to learn how to teach fun, hands-on programs to younger youth in four project areas: Robotics, Lotions & Potions, Recharge Fun, Food & Fitness, or Science Palooza.