

BOOKS AND VIDEOS:

By Jamie Jackson:

The Natural Horse Pioneering study of the lifestyle and hooves of free roaming wild free-roaming wild horses; important pictures and data on mustang hooves.

Paddock Paradise: A Guide to natural Horse Boarding Brilliant insight about what Keeps wild horses moving. How we can trigger sufficient walking in domestic horses While providing the other things they need.

Horse Owners Guide to Natural Hoof Care Jamie's how-to-trim book.

Founder: prevention and Cure the Natural Way

Available from Star Ridge Publishing, www.star-ridge.com, phone 1-870-743-4603.

By Pete Ramey:

Making natural Hoof Care Work for You How to do a barefoot trim, in Pete's Plain language, with clear drawings and photos.

Available from Star Ridge Publishing, www.star-ridge.com, phone 1-870-743-4603

By Gene Ovnicek:

Video: "Natural Balance Trimming." How the hoof works mechanically; barefoot Trimming; how a toe rocker with early breakover lets the foot land heel-first.

Available from www.hopeforsoundness.com. Phone 1-719-372-7463, email: edss@ris.net

By Peter Laidely;

Interactive CD: Hoofworks: Barefoot Basics" Important visual addition to our barefoot library."

"basic

Available from www.hoofworksaustralia.com There is a currency exchange Calculator on the website. You can also order a packet of five CD's at reduced sell.

price, to re-

RESOURCES

www.ironfreehoof.com is another website about going barefoot, by Paige Poss and Ruth Green. Lots of photos of hooves and trimming. I recommend this as a companion to my website. (www.barefoothorse.com)

www.hoofrehab.com Pete Ramey's website. Includes excellent articles that update his book—but read the book first to get the whole picture.

www.hopeforsoundness.com Farrier Gene Ovnicek's website.

www.tribeequus.com Cindy Sullivan's website. See her discussion “Are you going nuts over flares? “For a discussion of different types of flares and how to deal with them thoughtfully.

www.equethy.com by Chrisann Ware of Australia; article “Why hoof imbalances cause musculo-skeletal problems in horses.”

www.equinedentistry.com Academy of Equine Dentistry in Idaho, USA. There is new knowledge) far beyond traditional “tooth floating”) of how to balance the horse's jaw by addressing the entire bite surface, including the incisors. The horse that does not graze most of its food over 24 hours, or at least eat hay with its head down, ends up with an unbalanced jaw.

Video:

EXCELLENT 60-minute video about whole-mouth dentistry, “Natural Equine Orthodontics—What's the Point? By Spencer LaFlure (who did my horses' teeth for 5 years till I moved; he got them so balanced he didn't have to do anything the last year). Available for \$25 US plus shipping from Spencer, phone 518-623-9967, or from www.naturalhorsetalk.com

www.bitelessbridle.com How the bit prevents the horse from doing his best for you. This site explains why the bit is counterproductive. There are many kinds of bitless headwear; I encourage you to find one that works well for you and your horse.

www.safergrass.org Grasses are being bred for high-sugar content, to increase milk production in dairy cows; exactly wrong for horses. Excellent information for grass-laminitis and Cushings horses. (January 2006)

Kathryn Watts has two CS's with lecture/presentations given at recent conferences.

Natural Horse Care, a book by Pat Coleby, explains how you can improve your horses's health by adding minerals to pasture soils, which are often depleted. You will also want to give this excellent book to your hay grower. Available for about \$20 from www.acresusa.com phone 1-800355-5313.

Natural Horse Care, a magazine about natural alternatives for horse care and training. www.naturalhorse.com

Groups.yahoo.com/group/EquineCushings. Information about Cushings disease.

www.softtouchnaturalhorsecare.com Phil Morrare explains how to use an angle grinder to trim hooves. He says it takes less strength than hand tools and the horses like it better. Consider in dry climates and for professional women trimmers.

<http://www.harmanyequine.com/vaccines.stm> Joyce Harman DVM gives a thoughtful overview on whether to use vaccines with horses, and if you do, which ones are most effective and carry the least risk to the horse. She has a new book on saddle fit.

My Favorite: www.barefoothorse.com